


Medical Travel Checklist for Out-of-State Care

<p>Are you thinking of going to the Mainland for medical care? Consider the following:</p> <ul style="list-style-type: none"> • You don't have to leave Hawaii to get quality health care. • Did you know that UHA's provider network is within the State of Hawaii? For services that are <u>not available in Hawaii</u>, we contract with UnitedHealthcare for access to their Options PPO Network. • Use this checklist to ensure you don't get stuck with a lot of extra expenses. 		 Yes	 No
<p>Has your doctor referred you for medical treatment on the Mainland?</p>			
<p>Or is it just your preference to obtain treatment on the Mainland?</p>			
<p>Is there a local provider who can perform the services here in Hawaii instead?</p>			
<p>If services are not available in Hawaii, has your doctor submitted an Out of State Services Prior Authorization (PA) request form with all diagnosis & procedure codes to UHA? (see attached form)</p>			
<p>Has your doctor submitted clinical notes to support the medical necessity of the treatment and why out of state care is necessary?</p>			
<p>Have you received Prior Authorization from Health Care Services? (may take up to 2 weeks)</p>			
<p>Is the approval at UnitedHealthcare or non-participating rates?</p>	<p>Only Health Care Services can answer these</p>		
<p>If the approval is at the non-participating rates, do you know how much you will pay out of pocket for treatment by the servicing doctor, anesthesiologist, and hospital on the Mainland?</p>			
<p>If the approval is at UnitedHealthcare's contracted rates, have you checked to see if the mainland doctor, anesthesiologist, and hospital are a participating provider in UnitedHealthcare's Options PPO Network?</p>			
<p>Have you picked up your prescriptions? (this may also need Prior Authorization approval)</p>			
<p>Did you get approval for extra prescriptions for the trip from UHA? (call in advance, if needed)</p>			
<p>Has your doctor forwarded all your medical records (x-rays, test results, etc.) to the treating doctor on the mainland?</p>			
<p>Have you booked your air ticket?</p>	<p>Not a covered benefit</p>		
<p>Have you received your hotel confirmation?</p>	<p>Not a covered benefit</p>		
<p>Have you arranged transportation to & from appointments on the Mainland?</p>	<p>Not a covered benefit</p>		

If you answered yes to any of the questions above, you may have a large out-of-pocket expense.

Please contact UHA's Health Care Services to discuss medical options that may be available in the State of Hawaii. 808.532.4006 or from neighbor islands 800.458.4600, extension 300